Antiphons for Equal Voices

Tobias Colgan
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Ps 111:1

A blessed man is he who fears the Lord,
greatly loving his commands.
Psalm 111

Happy the man who fears the Lord,
who takes delight in all his command.

1 His sons will be powerful on earth;
the children of the upright are blessed.

2 Riches and wealth are in his house;
his justice stands firm for ever.

3 He is a light in the darkness for the upright:
he is generous, merciful and just.

4 The good man takes pity and lends,
he conducts his affairs with honor.

5 The just man will never waver:
hé will be remembered for ever.

6 He has no fear of evil news;
with a firm heart he trusts in the Lord.

7 With a steadfast heart he will not fear;
he will see the downfall of his foes.

Psalm 36

16 The just man’s few possessions
are better than the wicked man’s wealth;

17 for the power of the wicked shall be broken
and the Lord will support the just.

23 The Lord guides the steps of a man
and makes safe the path of one he loves.

24 Though he stumble he shall never fall
for the Lord holds him by the hand.
Be Ready for Action

Lk 12:25ff

Be ready for action, with belts fastened and lamps alight.

Be like those who wait for their master’s return.
Psalm 24

1 To you, O Lord, I lift up my soul.
2 I trust you, let me not be disappointed;
3 Those who hope in you shall not be disappointed,
   but only those who wantonly break faith.

4 Lord, make me know your ways.
   Lord, teach me your paths.
5 Make me walk in your truth, and teach me:
   for you are God my saviour.

In you I hope all day long
7c because of your goodness, O Lord.
6 Remember your mercy, Lord,
   and the love you have shown from of old.

8 The Lord is good and upright.
   He shows the path to those who stray,
9 He guides the humble in the right path;
   He teaches his way to the poor.

15 My eyes are always on the Lord;
   for he rescues my feet from the snare.
16 Turn to me and have mercy
   for I am lonely and poor.

20 Preserve my life and rescue me.
   Do not disappoint me, you are my refuge.
21 May innocence and uprightness protect me:
   for my hope is in you, O Lord.
I thank you,Lord, with all my heart,
you have heard the words of my mouth.
In the presence of the angels I will bless you.

I will adore before your holy temple.

I thank you for your faithfulness and love
which excels all we ever knew of you.

On the day I called, you answered;
you increased the strength of my soul.

All earth’s kings shall thank you
when they hear the words of your mouth.

They shall sing of the Lord’s ways:
‘How great is the glory of the Lord!’

The Lord is high yet he looks on the lowly
and the haughty he knows from afar.

Though I walk in the midst of affliction
you give me life and frustrate my foes.

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal
discard not the work of your hands.
Come, Let Us Return to the Lord

Psalm 102

1 My soul, give thanks to the Lord, all my being, bless his holy name.
2 My soul, give thanks to the Lord and never forget all his blessings.

3 It is he who forgives all your guilt, who heals every one of your ills,
4 who redeems your life from the grave, who crowns you with love and compassion,

8 The Lord is compassion and love, slow to anger and rich in mercy.
10 He does not treat us according to our sins nor repay us according to our faults.

11 For as the heavens are high above the earth so strong is his love for those who fear him.
12 As far as the east is from the west so far does he remove our sins.

13 As a father has compassion on his sons, the Lord has pity on those who fear him;
14 for he knows of what we are made, he remembers that we are dust.

17 But the love of the Lord is everlasting upon those who hold him in fear; his justice reaches out to children’s children when they keep his will in their mind.
Have Mercy, Lord

Slow; pleading

Have mercy, Lord, for we have sinned,

and come before you to beg forgiveness.

Last Time

Amen, Amen Amen.
Psalm 50

3 Have mercy on me, Gód, in your kindness. In your compássion blot out my offénce.
4 O wásh me more and more from my güilt and cléanse me from my sín.

5 My offénces trúly I know them; my sín is álways before me.
6 Against you, you álone, have I sínned; what is évil in your sítght I have dóned.

That you may be jústified when you give sénce
and be without repróach when you júdge
7 O sée, in güilt I was bórn,
a sínner was I concéived.

8 Indéed you love trúth in the hért;
then in the sércret of my hért teach me wísdom
9 O púrify me, thén I shall be cléan; O wásh me, I shall be whíter than snów.

10 Make me hear rejóicing and gládness,
that the bónes you have crúshed may thríll.
11 From my sínss turn away your fáce
and blót out ál my güilt.

12 A púre hért créáte for me, O Gód,
put a stédfast spírit withín me.
13 Do not cást me awáy from your présence,
nor depríve me of your hóly spírit.

14 Give me again the jóy of your hélp;
with a spírit of férvor sustáin me,
15 that I may tách transgréssors your wáys
and sínners may return to you.

16 O réscue me, Gód, my hélper,
and my tóngue shall ring out your góodness.
17 O Lórd, ópen my líps
and my móuth shall decláre your práise.

18 For in sácristice you táké no delíght,
burnt offéring from mé you would réfúse,
19 my sácristice, a cóntrite spírit.
A húmbled, contrite hért you will not spúrn.

20 In your góodness, shów fávor to Zión:
rebúild the wálls of Jerúsalem.
21 Thén you will be pléased with lawful sácristice,
thén you will be óffered young búlls on your áltaar.
How Can I Repay the Lord?

Psalm 115

10 I trusted, even when I said: ‘I am sorely afflictod,’
11 and when I said in my alarm: ‘No man can be trusted.’

12 How can I repay the Lord for his goodness to me?
13 The cup of salvation I will raise; I will call on the Lord’s name.

14 My vows to the Lord I will fulfill before all his people.
15 O precious in the eyes of the Lord is the death of his faithful.

16 Your servant, Lord, your servant am I; you have losened my bonds.
17 A thanksgiving sacrifice I make: I will call on the Lord’s name.

18 My vows to the Lord I will fulfill before all his people,
19 in the courts of the house of the Lord, in your midst, O Jerusalem.
I Saw Coming on the Clouds of Heaven

I saw coming on the clouds of heaven, one like a Son of man.

And men of all peoples, nations and languages became his servants.
Psalm 46

2 All peoples, clap your hands, cry to God with shouts of joy!
3 For the Lord, the Most High, we must fear, great king over all the earth.

4 He subdues peoples under us and nations under our feet.
5 Our inheritance, our glory, is from him, given to Jacob out of love.

6 God goes up with shouts of joy; the Lord goes up with trumpet blast.
7 Sing praise for God, sing praise, sing praise to our king, sing praise.

8 God is king of all the earth,
   Sing praise with all your skill.
9 God is king over the nations;
   God reigns on his holy throne.

10 The princes of the peoples are assembled with the people of Abraham’s God. The rulers of the earth belong to God, to God who reigns over all. Ω

Psalm 47

2 The Lord is great and worthy to be praised in the city of our God. His holy mountain rises in beauty, the joy of all the earth.
Lord, When Shall We See

How happy are the poor in spirit
their is the kingdom of heaven.
Happy the gentle:
they shall have the earth for their heritage.

How happy those who mourn:
they shall be comforted.
Happy those who hunger and thirst for
what is right:
they shall be satisfied.

How happy the merciful:
they shall have mercy shown them.
Happy the pure in heart:
they shall see God.

Mt 5:3-11

How happy the peacemakers:
they shall be called sons of God.
Happy those who are persecuted in the
cause of right:
their is the kingdom of heaven.
Psalm 14

2 He who walks without fault;
he who acts with justice
and speaks the truth from his heart;

3 he who does not slander with his tongue;
he who does no wrong to his brother,
who casts no slur on his neighbor,

4 who holds the godless in disregard,
but honors those who fear the Lord;

5 he who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever.
Psalm 112

Praise, O servants of the Lord,
praise the name of the Lord!

May the name of the Lord be blessed
both now and for evermore!

From the rising of the sun to its setting
praised be the name of the Lord!

High above all nations is the Lord,
above the heavens his glory.

Who is like the Lord, our God,
who has risen on high to his throne
yet stoops from the heights to look down,
to look down upon heaven and earth?

From the dust he lifts up the lowly,
from the dunghill he raises the poor
to set him in the company of princes,
yes, with the princes of his people.
O Precious in the Eyes of the Lord

O precious in the eyes of the Lord is the death of his faithful one. Amen.

Last time rit.
Psalm 115

10 I trusted, even when I said:
   ‘I am sorely afflicted,’
11 and when I said in my alarm:
   ‘No man can be trusted.’

12 How can I repay the Lord
   for his goodness to me?
13 The cup of salvation I will raise;
   I will call on the Lord’s name.

14 My vows to the Lord I will fulfil
   before all his people.
15 O precious in the eyes of the Lord
   is the death of his faithful.

16 Your servant, Lord, your servant am I;
   you have loosed my bonds.
17 A thanksgiving sacrifice I make:
   I will call on the Lord’s name.

18 My vows to the Lord I will fulfil
   before all his people,
19 in the courts of the house of the Lord,
   in your midst, O Jerusalem. Ω
Remaining Faithful

Let us live together in love.
Psalm 33

2 I will bless the Lord at all times,
    his praise always on my lips;

3 in the Lord my soul shall make its boast.
The humble shall hear and be glad.

4 Glorify the Lord with me.
    Together let us praise his name.

5 I sought the Lord and he answered me;
    from all my terrors he set me free.

6 Look towards him and be radiant;
    let your faces not be abashed.

7 This poor man called; the Lord heard him
    and rescued him from all his distress.

8 The angel of the Lord is encamped
    around those who reverence him, to rescue them.

9 Taste and see that the Lord is good.
    He is happy who seeks refuge in him.

10 Reverence the Lord, you his saints.
    They lack nothing, those who reverence him.

11 Strong lions suffer want and go hungry
    but those who seek the Lord lack no blessing.

12 Come, children, and hear me
    that I may teach you the fear of the Lord.

13 Who is he who longs for life
    and many days, to enjoy his prosperity?

14 Then keep your tongue from evil
    and your lips from speaking deceit.

15 Turn aside from evil and do good;
    seek and strive after peace.
Luke 1:46-55

46b My sóul mágnifies the Lórd,
47 and my spírit rejóices in God, my sávior.
48 All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.

50 His mércy exténds through generátions,
tóward thóse who revére him.
51 He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.

52 Hé has dethróned the pówerful,
and lífted úp the lówly.
53 The fámished have been fílled with his bóunty,
the rích have been sént away émpty.

54 He has álways helped Ísrael, his sérvant,
trúe to his lóving kíndness,
55 júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fáther and the Són
and the Hóly Spírit.
As álways befóre,
so nów and evermóre. Amén!
The Bridegroom Is Here

The bride - groom is here. Go out to meet _ him!
Psalm 83

3 My soul is longing and yearning, is yearning for the courts of the Lord. My heart and my soul ring out their joy to God, the living God.

4 The sparrow herself finds a home and the swallow a nest for her brood; she lays her young by your altars, Lord of hosts, my king and my God.

5 They are happy, who dwell in your house, for ever singing your praise.

6 They are happy, whose strength is in you, in whose hearts are the roads to Zion.

9 O Lord God of hosts, hear my prayer, give ear, O God of Jacob.

10 Turn your eyes, O God, our shield, look on the face of your anointed.

11 One day within your courts is better than a thousand elsewhere. The threshold of the house of God I prefer to the dwellings of the wicked.

12 For the Lord God is a rampart, a shield; he will give us his favor and glory. The Lord will not refuse any good to those who walk without blame.
The Lamb of God Is Slain For Us

Refrain:

The Lamb of God is slain for us:

Ah...

come, let us follow him on the way of the cross...
Verses:

Psalm 55

2 Have mercy on me, God, men crush me; they fight me all day long and oppress me.
3 My foes crush me all the day long, for many fight proudly against me.

4 When I fear, I will trust in you, in God whose word I praise.
5 In God I trust, I shall not fear: what can mortal man do to me?

6 All day long they distort my words, all their thought is to harm me.
7 They band together in ambush, track me down and seek my life.

Psalm 54

17 As for me, I will cry to God and the Lord will save me.
18 Evening, morning and at noon I will cry and lament.

19 He will deliver my soul in peace in the attack against me:
   for those who fight me are many,
18c but he hears my voice.

23 Entrust your cares to the Lord and he will support you.
   He will never allow the just man to stumble.
The Lord will Bless Your Compassion and Love

Refrain:

The Lord will bless your compassion and love;

He will show himself gracious to you.
Psalm 144

1 I will give you glory, O God my King,
   I will bless your name for ever.
2 I will bless you day after day
   and praise your name for ever.

3 The Lord is great, highly to be praised,
   his greatness cannot be measured.
4 Age to age shall proclaim your works,
   shall declare your mighty deeds,

   [Refrain]

8 The Lord is kind and full of compassion,
   slow to anger, abounding in love.
9 How good is the Lord to all,
   compassionate to all his creatures.

13c The Lord is faithful in all his words
   and loving in all his deeds.
14 The Lord supports all who fall
   and raises all who are bowed down.

   [Refrain]

15 The eyes of all creatures look to you
   and you give them their food in due time.
16 You open wide your hand,
   grant the desires of all who live.

17 The Lord is just in all his ways
   and loving in all his deeds.
18 He is close to all who call him,
   who call on him from their hearts.
This Is the Light of Revelation

This is the light of revelation to the nations,

and the glory of your people Israel.
Psalm 62

2 O Gód, you are my Gód, for you I lóng; for yóu my sóul is thírsting. My bódy pínes for yóu like a drý, weary lánd without wáter.

3 So I gáze on yóu in the sánctuary to sée your stréngth and your glóry.
4 For your lóve is bétter than lífe, my líps will spéak your práise.

5 So I will bléss you áll my lífe, in your náme I will líft up my hánds.
6 My sóul shall be fílled as with a bánquet, my móuth shall práise you with jóy.

8 for yóu have béen my hélp; in the shádow of your wíngs I rejóice.
9 My sóul clíngs to yóu; your right hand hólds me fást.

Psalm 41

2 Líke the déer that yéarns for rúnning stréams, só my sóul is yéarning for yóu, my Gód.

3 My sóul is thírsting for Gód, the Gód of my lífe; whén can I énter and sée the fáce of Gód?

6 Whý are you cast dówn, my sóul, why gróan within me? Hope in Gód; I will práise him stíll, my sáviour and my Gód.
Throughout All the Earth

Throughout all the earth their voices carry;

their message resounds with hope for all.
Psalm 145

1b My soul, give praise to the Lord;
2 I will praise the Lord all my days,
1b My soul, give praise to the Lord;
2b make music to my God while I live.

5 He is happy who is helped by Jacob’s God,
whose hope is in the Lord his God,
6 who alone made heaven and earth,
the seas and all they contain.

It is he who keeps faith for ever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

8 the Lord who gives sight to the blind,
who raises up those who are bowed down,
9 the Lord, who protects the stranger
and upholds the widow and orphan.

8c It is the Lord who loves the just
but thwarts the path of the wicked.
9c The Lord will reign for ever,
Zion’s God, from age to age.

Psalm 146

5 Our Lord is great and almighty;
his wisdom cannot be measured.
7 O sing to the Lord, giving thanks;
sing psalms to our God with the harp.
Is 53:1-5

Who could believe what we have heard,
to whom as the power of Yahweh been revealed?
Like a sapling he grew up in front of us,
like a root in arid ground.

Without beauty, without majesty we saw him,
no looks to attract our eyes;
a thing despised, rejected by men,
a man of sorrows, familiar with suffering

And yet ours were the sufferings he bore,
ours the sorrows he carried.
Be we, we thought of him as someone punished,
struck by God and brought low.

Yet he was pierced through for our faults,
crushed for our sins.
On him lies a punishment that brings us peace,
and through his wounds we are healed.
Psalm 110

I will thank the Lord with all my heart
in the meeting of the just and their assembly.

2 Great are the works of the Lord;
to be pondered by all who love them.

3 Majestic and glorious his work,
his justice stands firm for ever.

4 He makes us remember his wonders.
The Lord is compassion and love.

5 He gives food to those who fear him;
keeps his covenant ever in mind.

6 He has shown his might to his people
by giving them the lands of the nations.

7 His works are justice and truth:
his precepts are all of them sure,

8 standing firm for ever and ever:
they are made in uprightness and truth.
Help Me, Lord

Psalm 118

2 They are háppy who dó his wíll,
seeking hím with all their háearts,
who néver do ánthing évil
but wálk in his wáys.

3 Yóu have laid dówn your précepts
to be obéyed with cáre.
Máy my fóotsteps be fírm
to obéy your státutes.

5 I will thánk you with an úpright háeart
as I léarn your décrées.
8 I will obéy your státutes:
dó not forsáke me.

7 I will thánk you with an úpright háeart
as I léarn your décrées.
8 I will obéy your státutes:
dó not forsáke me.

17 Bless your sérvant and Í shall líve
and obéy your wórd.
18 Ópen my éyes that I may sée
the wónders of your lów.

29 Kéep me from the wáy of érrór
and téach me your lów.
30 I have chósén the wáy of trúth
with your décrées before me.

31 I bínd myself to dó your wíll;
Lord, dó not disappóint me.
32 I will rún the wáy of your cómmánds;
you give fréedom to my háeart.
Stand Up and Go Your Way

Refrain:
Stand up, stand up and go your way. Your faith, your faith has saved you.

Verse One
I love the Lord for he has heard the cry of my appeal; for he turned his ear to me in the day when I called him.
Verse Two:

They surrounded me, the snares of death, with the anguish of the tomb;

they caught me, sorrow and distress. I called on the Lord’s name.

Verse 3

How gracious is the Lord, and just; our God has compassion.

The Lord protects the simple hearts; I was helpless so he saved me.
Psalm 101

16 The náti ons shall féar the náme of the Lórd
and ál l the e arth’s kíngs your glóry,
17 when the Lórd shall búild up Zíon agáin
and appéar in ál l his glóry.

18 Thén he will túrn to the práyers of the hélpless;
he will nót despíse their práyers.
19 Let thís be wrítten for áges to cóme
that a péople yet unbórn may praise the Lórd;

20 for the Lórd leaned dów n from his sánctu ry on hígh.
He looked dów n from héaven to the éarth
21 that hé might héar the gróans of the prísoners
and frée those condémned to díe.

22 that the náme of the Lórd may be procláimed in Zíon
and his práise in the héart of Jerúsalem,
23 when péoples and kíngdoms are gáthered togé ther
to páy their hómage to the Lórd.
It Is Love, Not Sacrifice

Psalm 50

3 Have mercy on me, God, in your kindness.
In your compassion blot out my offence.

4 Wash me more and more from my guilt
and cleanse me from my sin.

5 My offences truly I know them;
my sin is always before me.

6 Against you, you alone, have I sinned;
what is evil in your sight I have done.

That you may be justified when you give
sentence
and be without reproach when you judge

7 O see, in guilt I was born,
a sinner was I conceived.

8 Indeed you love truth in the heart;
then in the secret of my heart teach me
wisdom

9 Purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

10 Make me hear rejoicing and gladness,
that the bones you have crushed may thrill.

11 From my sins turn away your face
and blot out all my guilt.

12 A pure heart create for me, O God,
put a steadfast spirit within me.

13 Do not cast me away from your presence,
nor deprive me of your holy spirit.

16 O rescue me, God, my helper,
and my tongue shall ring out your goodness.

17 O Lord, open my lips
and my mouth shall declare your praise.

18 For in sacrifice you take no delight,
burnt offering from me you would refuse,

19 my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.
Laudate Dominum

Laudate Dominum, omnes gentes. Laudate, laudate

1. Domnum O praise his glorious name. Domnum.

Sing a new song to the Lord for he has worked wonders. His right hand and his holy arm have brought salvation O praise his glorious name.
The Lord had made known his salvation, has shown his justice, has remembered his truth and love for the house of Israel. O praise his glorious name.

All the ends of the earth have seen the salvation of our God. Shout to the Lord all the earth, ring out your joy. O praise his glorious name.
Merciful Redeemer, Come!

Draw near to us, O Lord.

Merciful Redeemer, come! Draw near to us, O Lord.

With expectation we eagerly await you.

With joyful expectation we eagerly await you.

With expectation we await you.
1. O Child of promise, come! O come, Emmanuel!
2. The Lord’s true Servant, come, In whom is his delight,
3. O come, anointed One, To show blind eyes your face!
4. O Man of sorrows, come, Despised and cast aside!
5. O come, God’s holy Lamb; To death be meekly led!
6. O come, Messiah King, To reign in endless light,

1. Come, Prince of Peace, to David’s throne; Come, God, with us to dwell!
2. On whom his Holy Spirit rests, The Gentiles’ promised light!
3. Good tidings to the poor announce; Proclaim God’s year of grace!
4. O bear our griefs, and by your wounds Redeem us from our pride!
5. O save the man y by your Blood, For sin so gladly shed!
6. When heav’nly peace at last goes forth From Sion’s holy height!