



Sunday
Lauds and Vespers

Congregation



Saint Meinrad

Liturgical Music

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Prepared by the Benedictine Monks

St. Meinrad Archabbey
St. Meinrad, Indiana 47577
June 1975

In order to clarify the usage of the SUNG
PSALMODY/CANTICLES WITH ANTIPHONS
provided in this volume, we offer the following
Order of Service:

A SUGGESTED ORDER OF SERVICE
FOR
LAUDS AND VESPERS

OPENING VERSE

HYMN

*SUNG PSALMODY/CANTICLES WITH
ANTIPHONS*

READING

RESPONSORY

CANTICLE OF ZACHARY (LAUDS)
CANTICLE OF THE BVM (VESPERS)

LORD'S PRAYER

CLOSING VERSE

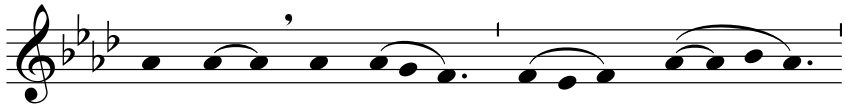
First Vespers of Sunday
Week 1

Opening Verse

V. O ✠ God, come to my as - sis - tance.

R. O Lord, make haste to help me. Glo-ry to
 the Fa - ther and the Son and the Ho - ly
 Spir - it. As al - ways be - fore, so now and
 ev - er - more. A - men. Al - le - lu - ia!

Antiphon 1



2. Give peace, O Lord, * to those



who place all their hope in you.



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Psalm 121

Greeting to Jerusalem: a pilgrimage song

¹ I rejoiced when I heard them say:
'Let us go to God's house.'

² And now our feet are standing
within your gates, O Jerusalem.

³ Jerusalem is built as a city
strongly compact.

⁴ It is there that the tribes go up,
the tribes of the Lord.

For Israel's law it is,
there to praise the Lord's name.

⁵ There were set the thrones of judgment
of the house of David.

⁶ For the péace of Jerúsalem práy:
‘Péace be to your hómes!

⁷ May péace réign in your wálls,
in your pálaces, péace!’

⁸ For lóve of my bréthren and fríends
I say: ‘Péace upon yóu!’

⁹ For lóve of the hóuse of the Lórd
I will ásk for your góod.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2



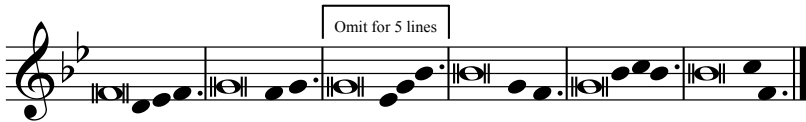
8. With the Lord_____ * there___ is mer - cy



and full - ness of___ re - demp - tion.



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Psalm 129

Prayer of repentance and trust: sixth psalm of repentance

¹ Out of the dépths I crý to you, O Lórd,

² Lórd, hear my vóice!

O lét your éars be attentíve
to the vóice of my pléading.

³ If you, O Lórd, should márk our gúilt,
Lórd, who would survíve?

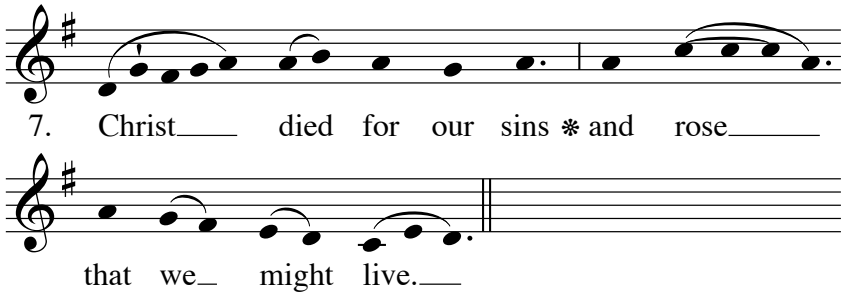
⁴ But with yóu is fóund forgíveness:
for thís we revére you.

- ⁵ My sóul is wáiting for the Lórd. [6]
I cóunt on his wórd.
- ⁶ My sóul is lónging for the Lórd
more than wátchman for dáybreak.
(Let the wátchman cóunt on dáybreak
⁷ and Ísrael on the Lórd.)

Because with the Lórd there is mércy
and fúllness of redémption,
⁸ Ísrael indéed he will redéem
from áll its iníquity.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3



7. Christ___ died for our sins * and rose___
that we_ might live.___

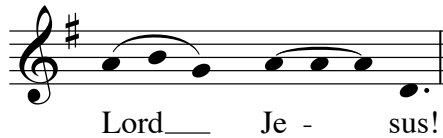
The image shows two staves of musical notation in G major (one sharp). The first staff contains the melody for the first line of text, and the second staff contains the melody for the second line. The text is written below the notes, with lines indicating where the notes align with the words.

Canticle from the Letter to the Philippians

Phil 2:6-11

Though he was in the form of God,
Jesus did not snatch at equality with God.

Refrain:



Lord___ Je - sus!

The image shows a single staff of musical notation in G major (one sharp). The melody is written above the text, with lines indicating the alignment between notes and words.

He emptied himself,
taking the form of a servant,
being born in the likeness of men. *℟ℵ*

And being found in human form,
he humbled himself
and became obedient unto death,
even death on a cross. *℟ℵ*

Therefore God has highly exalted him
and bestowed on him
the name that is above every name. $\text{R}\ddot{\text{V}}$

That at the name of Jesus
ev'ry knee should bow,
in heaven and on earth
and under the earth. $\text{R}\ddot{\text{V}}$

And ev'ry tongue confess
that Jesus Christ is Lord,
to the glory of God the Father.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff contains the melody for the words "Je - sus_ Christ is_ Lord,_ to the". The second staff continues the melody for "glo - ry of God_ the Fa- ther!". The melody is simple and hymn-like, using quarter and eighth notes with some slurs. The text is centered under the notes.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Repeat Antiphon

Canticle of the Blessed Virgin Mary

- ^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sáviór
- ⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.
⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.
- ⁵⁰ His mércy exténds through generátions,
tóward thóse who révère him.
⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.
- ⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.
⁵³ The fámished have been fílléd with his bóunty,
the rích have been sént away émpy.
- ⁵⁴ He has álwáys helped Ísraél, his sérvant,
trúe to his lóving kíndness,
⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the FátHER and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

Closing Verse

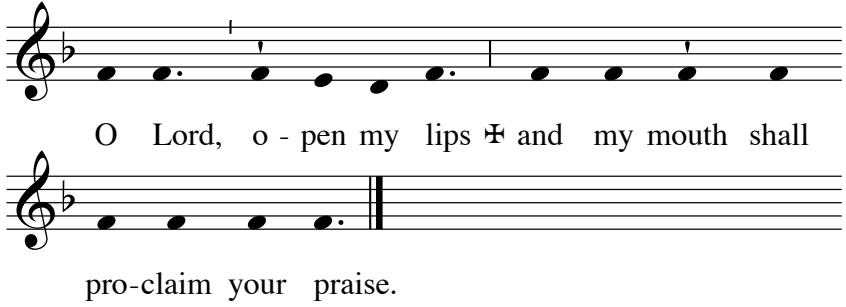


♩ Let us bless the Lord. — ℞ Thanks be to God..

The image shows a musical staff with a treble clef and a key signature of one flat (B-flat). The melody consists of two phrases. The first phrase is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). The second phrase is: C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). The piece ends with a double bar line.

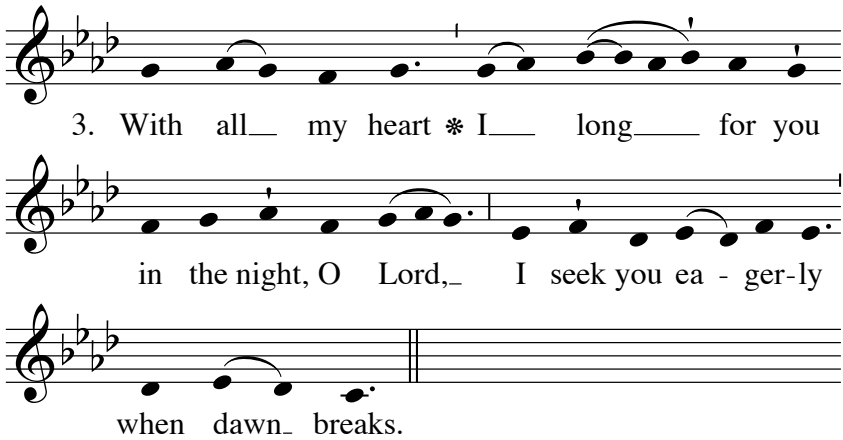
Lauds of Sunday
Week 1

Opening Verse



O Lord, o - pen my lips and my mouth shall
pro-claim your praise.

Antiphon 1



3. With all my heart * I long for you
in the night, O Lord, I seek you ea - ger-ly
when dawn breaks.



Omit for 5 lines

Psalm 62

Longing for God

² O Gód, you are my Gód, for you I lóng; [6]
for yóu my sóul is thírsting.

My bódy pínes for yóu
like a drý, weary lánd without wáter.

³ So I gáze on yóu in the sánctuary
to sée your stréngth and your glóry.

⁴ For your lóve is bétter than lífe, [6]
my líps will spéak your práise.

⁵ So I will bléss you áll my lífe,
in your náme I will líft up my hánds.

⁶ My sóul shall be fílléd as with a bánquet,
my móuth shall práise you with jóy.

⁷ On my béd I remémber yóu. [6]
On yóu I múse through the níght

⁸ for yóu have béen my hélp;
in the sháadow of your wíngs I rejóice.

⁹ My sóul clíngs to yóu;
your ríght hand hólds me fást.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2

1. The Lord is my shep - herd; * there is

noth-ing I shall want.

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Psalm 22

God, shepherd and host: a psalm of confidence

- ² Frésh and gréen are the pástures
where he gíves me repóse.
near réstful wáters he léads me,
- ³ To revíve my drooping spírit.

He gúides me alóng the right páth; [6]
he is trúe to his náme.

- ⁴ If I should wálk in the válley of dárkness
no évil would I féar.
You are thére with your cróok and your stáff;
with thése you give me cómfort.

⁵ You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

⁶ Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3

7. Let ev' - ry - thing * that lives and that
breathes give praise to the Lord!

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Psalm 150

Final summons to praise

Práise Gód in his hólly pláce,
práise him in his míghty héavens.

² Práise him for his pówerful déeds,
práise his surpássing gréatness.

³ O práise him with sóund of trúmpet,
práise him with lúte and hárp.

⁴ Práise him with tímbrel and dánce,
práise him with stríngs and pípes.

[All]s O práise him with resóunding cýmbals,
práise him with cláshing of cýmbals.

⁶ Let éverything that líves and that bréathes
give práise to the Lórd.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Canticle of Zachary

- ⁶⁸ Blést ✠ be the Lórd God of Ísrael,
for he has vísited and redéemed his péople,
⁶⁹ and has ráised for us a hórnn of salvátion
in the hóuse of Dávid, his sérvant
- ⁷⁰ As he prómised throughóut past áges,
in the wórd of his hólý próphets:
⁷¹ delíverance fróm our énnemies,
and from the contról of óur opprésors.
- ⁷² He has shówn his kíndness to our fáthers,
remembering álwáys his hólý cóvenant.
⁷³ The óath sworn to Ábraham, our fáther,
hé has renéwed for ús,
- ⁷⁴ so that fréed from the clútches of our fóes,
we may sérve him wíthout féar,
⁷⁵ becoming hólý and júst in his síght
the rést of our dáys.
- ⁷⁶ And you, chíld called ‘próphet of the Most Hígh,’
will gó before the Lórd to prepare his wáys,
⁷⁷ bringing his péople knówledge of salvátion,
through remísson of their síns.
- ⁷⁸ For the lóve of our compássonate Gód,
as the Órient on hígh has shone upón us
⁷⁹ to illumine the dárkness and dispél the shadow of
déath,
to direct our stéps along péaceful wáys.

Glóry to the Fátther and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

Closing Verse



♩ Let us bless_ the Lord.____ ♪ Thanks be_ to God..

The musical notation is a single staff in G major (one sharp) and 4/4 time. It begins with a treble clef and a key signature of one sharp (F#). The melody consists of two phrases. The first phrase starts with a quarter rest, followed by a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The second phrase starts with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The third phrase starts with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The fourth phrase starts with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The piece ends with a double bar line.

Second Vespers of Sunday
Week 1

Opening Verse



∇. O ☩ God,___ come to my as - sis - tance.



℞. O Lord,___ make haste to help me. Glo-ry to



the Fa - ther and the Son___ and the Ho - ly



Spir - it. As al - ways be - fore,___ so now and



ev - er - more._ A - men. Al - le - lu - ia!

Antiphon 1

8. The Lord's rev-e-la - tion to__ my Mas-ter: *
 "Sit__ on my right: I will put your
 foes_____ be - neath your feet."_

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Psalm 109

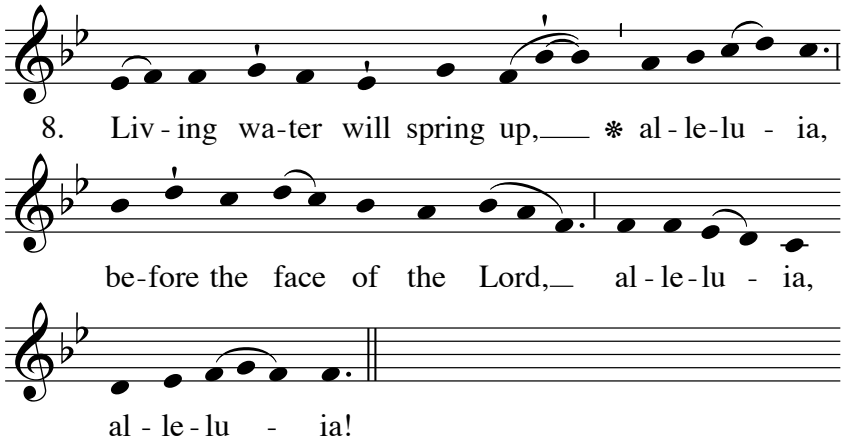
The Messiah, king, priest and judge

- 2 The Lórd will wíeld from Zíon
 your scépter of pówer:
 rúle in the mídst of all your fóes.
- 3 A prínce from the dáy of your bírth
 on the hóly móuntains;
 from the wómb before the dáwn I begót you.
- 4 The Lórd has sworn an óath he will not chánge.
 'You are a príest for éver,
 a príest like Melchízedeck of óld.'

- ⁵ The Máster stánding at your ríght hand
Will shatter kíngs in the dáy of his wráth.
- ⁶ Hé, the Júdge of the nátions,
will héap high the bódies;
héads shall be shátted far and wíde.
- ⁷ He shall drínk from the stréam by the wáyside
and thérefore he shall líft up his héad.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2



8. Liv - ing wa - ter will spring up, * al - le - lu - ia,
 be - fore the face of the Lord, al - le - lu - ia,
 al - le - lu - ia!



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Psalm 113A

The wonders of the Exodus: the one true God

When Ísrael came fóρθ from Égypt,
 Jacob's sóns from an álien péople,
² Júdah becáme the Lord's témples,
 Ísrael becáme his kíngdom.

³ The séa fléd at the síght:
 the Jórdan turned báck on its cóurse,
⁴ the móuntains léapt like ráms
 and the hílls like yéarling shéep.

- ⁵ Why was it, séa, that you fléd,
that you túrned back, Jórdan, on your cóurse?
- ⁶ Móuntains, that you léapt like ráms,
hílls, like yéarling shéep?
- ⁷ Trémble, O éarth, before the Lórd,
in the présence of the Gód of Jácob,
- ⁸ who túrns the róck into a póol
and flínt into a spríng of wáter.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3

8. The Lord is king, * let earth
re-joice, alleluia.

Canticle from the Book of Revelation

Rev 19:1, 2, 5-8

Salvation and glory and power
belong to our God, alleluia!
His judgments are true and just.

R. Al-le-lu - ia, al - le-lu - ia, al - le-lu-ia!

Praise our God,
all you his servants, alleluia!
Those holding him in fear,
small and great. R.

The Lord our God,
the Almighty reigns, alleluia!
Let us rejoice and exult,
giving him the glory! R.

The marriage of the Lamb has come, alleluia!
And his bride has made her self ready. ℞

She has been given for her clothing, alleluia!
Fine linen, glist'ning and pure. ℞

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω


Antiphon 3 is repeated.

Canticle of the Blessed Virgin Mary

- ^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sáviór
- ⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.
⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.
- ⁵⁰ His mércy exténds through generátions,
tóward thóse who revére him.
⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.
- ⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.
⁵³ The fámished have been fílléd with his bóunty,
the rích have been sént away émpy.
- ⁵⁴ He has álwáys helped Ísrael, his sérvant,
trúe to his lóving kíndness,
⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fáther and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

Closing Verse



♩ Let us bless the Lord. — ℞ Thanks be to God..

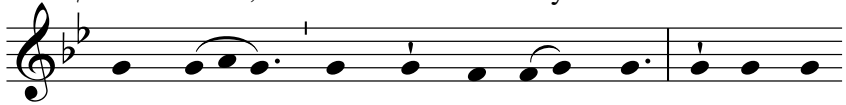
The image shows a single line of musical notation on a five-line staff. The key signature has one flat (B-flat), and the time signature is common time (C). The melody consists of two phrases. The first phrase starts with a quarter note G4, followed by a quarter note A4, a quarter note Bb4, and a quarter note C5. The second phrase starts with a quarter note Bb4, followed by a quarter note A4, a quarter note G4, and a quarter note F4. The piece ends with a double bar line.

First Vespers of Sunday
Week 2

Opening Verse



Ps. O ☩ God, _____ come to my as - sis - tance.



Rx. O Lord, _ make haste to help me. Glo-ry to



the Fa - ther and the Son _____ and the Ho - ly



Spir - it. As al - ways be - fore, _____ so now and



ev - er - more. _ A - men. Al - le - lu - ia!

Antiphon 1

2. Let my prayer ____ * come be-fore you like
 in - cense; the rais - ing of ____ my hands_
 like an eve - ning ob - la - tion.

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Psalm 140

Evening Prayer for Protection

- ¹ I have called to you, Lórd; hásten to hélp me!
Héar my vóice when I crý to yóu.
- ² Let my práyer aríse before you like íncense,
the ráising of my hánds like an évening oblátion.
- ³ Sét, O Lórd, a guard óver my móuth;
keep wácht, O Lórd, at the dóor of my líps!
- ⁴ Do not túrn my héart to thínings that are wróng,
to évil déeds with mén who are sínners.

- Néver allów me to sháre in their féasting.
- ⁵ If a góod man stríkes or reprovés me it is kíndness;
but let the óil of the wícked not anóint my héad.
Let my práyer be éver agáinst their málice.
- ⁶ Their prínces were thrown dówn by the síde of the
róck:
thén they understóod that my wórds were kínd.
- ⁷ As a míllstone is shátted to píeces on the gróund,
so their bónes were stréwn at the móuth of the gráve.
- ⁸ To yóu, Lord Gód, my éyes are túrned:
in yóu I take réfuge; spáre my sóul!
- ⁹ From the tráp they have láid for me kéeep me sáfe:
kéeep me from the snáres of thóse who do évil.
- ¹⁰ Let the wícked fáll into the tráps they have sét
whilst Í pursúe my wáy unhármed.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2

1. The_ Lord_____ * is all__ I have left
 in the land of the liv - ing.

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Psalm 141

Prayer of a man deserted by his friends

² With all my voice I cry to the Lord, [6]
 with all my voice I entreat the Lord.

³ I pour out my trouble before him;
 I tell him all my distress

⁴ while my spirit faints within me.
 But you, O Lord, know my path.

On the way where I shall walk [6]
 they have hidden a snare to entrap me.

⁵ Look on my right and see:
 there is no one who takes my part.
 I have no means of escape,
 not one who cares for my soul.

⁶ I crý to yóu, O Lórd. [5]

I have sáid: ‘Yóu are my réfuge,
all I háve in the lánd of the líving.’

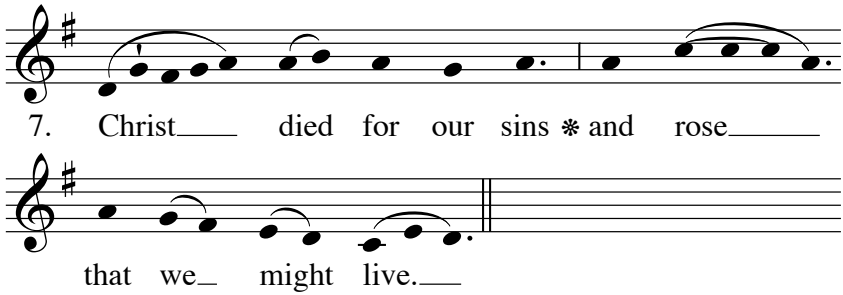
⁷ Lísten, thén, to my crý
for Í am in the dépths of distréss.

Réscue me from thóse who pursúe me [6]
for théy are strónger than Í.

⁸ Bríng my sóul out of this príson
and thén I shall práise your náme.
Aróund me the júst will assémbles
becáuse of your góodness to mé.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3



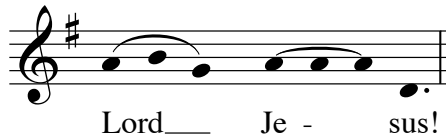
7. Christ___ died for our sins * and rose___
 that we_ might live.___

Canticle from the Letter to the Philippians

Phil 2:6-11

Though he was in the form of God,
 Jesus did not snatch at equality with God.

Refrain:



Lord___ Je - sus!

He emptied himself,
 taking the form of a servant,
 being born in the likeness of men. ℞

And being found in human form,
 he humbled himself
 and became obedient unto death,
 even death on a cross. ℞

Therefore God has highly exalted him
and bestowed on him
the name that is above every name. $\text{R}\ddot{\text{x}}$

That at the name of Jesus
ev'ry knee should bow,
in heaven and on earth
and under the earth. $\text{R}\ddot{\text{x}}$

And ev'ry tongue confess
that Jesus Christ is Lord,
to the glory of God the Father.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff contains the melody for the words "Je - sus_ Christ is_ Lord,_ to the". The second staff continues with "glo - ry of God_ the Fa- ther!". The melody is simple and hymn-like, using quarter and eighth notes with slurs. The text is aligned under the notes.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω


Antiphon 3 is repeated.

Canticle of the Blessed Virgin Mary

- ^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sávior
- ⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.
⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.
- ⁵⁰ His mércy exténds through generátions,
tóward thóse who revére him.
⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.
- ⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.
⁵³ The fámished have been fílléd with his bóunty,
the rích have been sént away émpy.
- ⁵⁴ He has álwáys helped Ísrael, his sérvant,
trúe to his lóving kíndness,
⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fáther and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

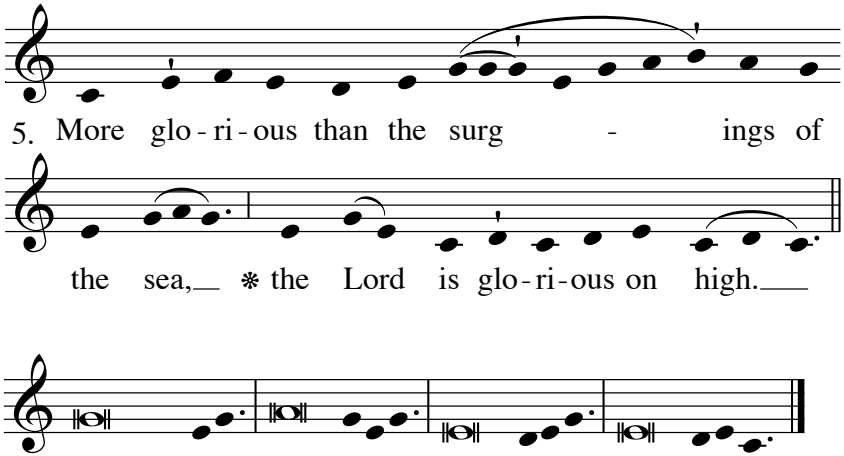
Closing Verse



♩ Let us bless the Lord. — ♪ Thanks be to God..

The musical notation consists of a single staff in G major (one sharp) and 4/4 time. The melody is: G4 (quarter), A4-B4 (beamed eighth notes), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). A double bar line follows. The second phrase is: G4 (quarter), A4-B4 (beamed eighth notes), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). The piece ends with a double bar line.

Antiphon 1



5. More glo-ri-ous than the surg - ings of
the sea, * the Lord is glo-ri-ous on high.

The image shows three staves of musical notation in treble clef. The first staff contains the melody for the first line of text. The second staff contains the melody for the second line of text, including a repeat sign and a fermata. The third staff contains the melody for the third line of text, also including a repeat sign and a fermata.

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Psalm 92

Praise of God, king of the world

¹ The Lord is k^íng, with májesty enróbed;
the Lórd has róbed himself with míght,
he has gírded himsél^f with pówer.

The wórld you made fírm, not to be móved;
² your thróne has stood fírm from of óld.
From all etérnity, O Lórd, you áre.

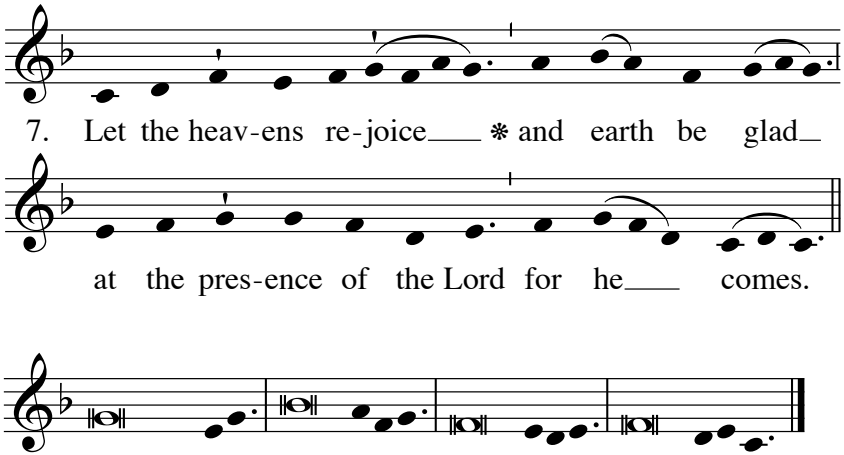
³ The wáters have lífted up, O Lórd,
the wáters have lífted up their vóice,
the wáters have lífted up their thúnder.

⁴ Gréater than the róar of mighty wáters,
more glórious than the súrgings of the séa,
the Lórd is glórious on hígh.

⁵ Truly your decrees are to be trusted.
Holiness is fitting to your house,
O Lord, until the end of time.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2



7. Let the heav-ens re-joice * and earth be glad
at the pres-ence of the Lord for he comes.

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Psalm 95

The universal reign of the true God

- ¹ O síng a new sǒng to the Lórd,
síng to the Lórd all the éarth.
- ² O síng to the Lórd, bless his náme.

- Procláim his hélp day by dáy,
³ téll among the nátions his glóry
and his wónders amóng all the péoples.

- ⁴ The Lord is gréat and wóthy of práise,
to be féared abóve all góds;
⁵ the góds of the héathens are náught.

- It was the Lórd who máde the héavens,
⁶ his are májesty and státe and pówer
and spléndour in his hólý pláce.

⁷ Give the Lórd, you fáilies of péoples,
give the Lórd glóry and pówer,
⁸ give the Lórd the glóry of his náme.

Bring an óffering and énter his cóurts,
⁹ wórship the Lórd in his témples.
O éarth, trémble befóre him.

¹⁰ Procláim to the nátions: ‘God is kíng.’
The wórld he made fírm in its pláce;
he will júdge the péoples in fáirness.

¹¹ Let the héavens rejóice and earth be glád,
let the séa and all withín it thunder práise,
¹² let the lánd and all it béars rejóice,
all the trées of the wóod shout for jóy

¹³ at the présence of the Lórd for he cómes,
he cómes to rúle the éarth.
With jústice he will rúle the wórld,
he will júdge the péoples with his trúth.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3

8. In the midst of the flames_ * there ap - peared
 one_ walk - ing a - bout_ like the Son of
 God. Al - le - lu - ia!

Canticle of the Three Children

Dan 3:56-88

⁵⁷ All things the Lord has made:
 glorify and praise him forever:
⁵⁸ angels of the Lord:
⁵⁹ all in the heavens:

R̄. Glo - ri - fy__ the Lord._____

⁶⁰ Waters above the heavens:
⁶¹ powers of the Lord;
⁶² sun and moon:
⁶³ stars of heaven: R̄.

⁶⁴ Showers and dews:

⁶⁵ all the four winds:

⁶⁶ fire and heat:

⁶⁹ frost and cold: R̥

⁷⁰ Ice and snow:

⁷¹ nights and days:

⁷² light and darkness:

⁷³ lightning and clouds: R̥

⁷⁴ Let the earth bless the Lord:
glorify and praise him forever:

⁷⁵ mountains and hills:

⁷⁶ all that grows on the earth: R̥

⁷⁷ Springs of water:

⁷⁹ seas and rivers:

⁷⁹ sea beasts and all that live in the waters:

⁸⁰ birds of heaven: R̥

⁸¹ Beasts wild and tame:

⁸² sons of men:

⁸³ O people of Israel:

glorify and praise him forever: R̥

⁸⁴ All priests of the Lord:

⁸⁵ servants of the Lord:

⁸⁶ spirits and souls of the virtuous:

⁸⁷ devout and humble-hearted men:

⁸⁸ Ananiah, Azariah, Mishael, children of the Lord:
glorify and praise him forever: R̥

Doxology:

Let us bless the Father and Son with the Holy Spirit:
let us glorify and praise him forever:

⁵⁶ Blessed are you, O Lord, in the vault of heaven:
most highly exalted and glorified forever. Ω

Antiphon 3 is repeated.

Canticle of Zachary

⁶⁸ Blést ✠ be the Lórd God of Ísrael,
for he has vísited and redéemed his péople,
⁶⁹ and has ráised for us a hórñ of salvátion
in the hóuse of Dávid, his sérvant

⁷⁰ As he prómised throughóut past áges,
in the wórds of his hólý próphets:
⁷¹ delíverance fróm our énemies,
and from the contról of óur oppréssors.

⁷² He has shówn his kíndness to our fáthers,
remembering álways his hólý cóvenant.

⁷³ The óath sworn to Ábraham, our fáther,
hé has renéwed for ús,

⁷⁴ so that fréed from the clútches of our fóes,
we may sérve him wíthout féar,

⁷⁵ becoming hólý and júst in his síght
the rést of our dáys.

⁷⁶ And you, chíld called ‘próphet of the Most Hígh,’
will gó before the Lórd to prepare his wáys,

⁷⁷ bringing his péople knówledge of salvátion,
through remíssion of their síns.

⁷⁸ For the love of our compássionate Gód,
 as the Órient on hígh has shone upón us
⁷⁹ to illumine the dárkness and dispél the shadow of
 déath,
 to direct our stéps along péaceful wáys.

Glóry to the Fátther and the Són
 and the Hóly Spírit.
 As álways befóre,
 so nów and evermóre. Amén! Ω

Closing Verse



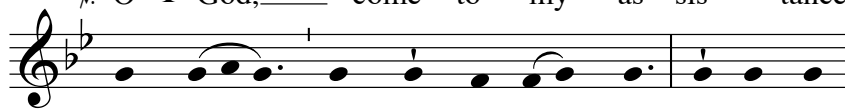
♩ Let us bless the Lord. — R̄. Thanks be to God..

Second Vespers of Sunday
Week 2

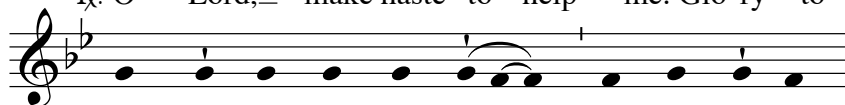
Opening Verse



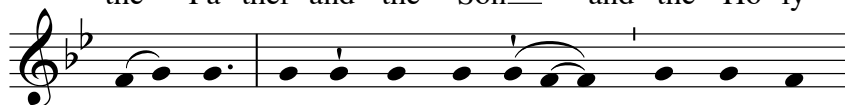
℣. O ☩ God, ___ come to my as - sis - tance.



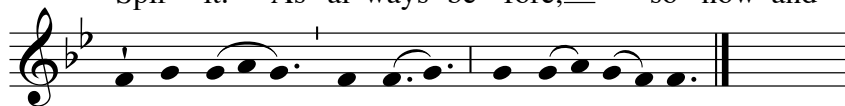
℟. O Lord, _ make haste to help me. Glo-ry to



the Fa - ther and the Son ___ and the Ho - ly



Spir - it. As al - ways be - fore, ___ so now and



ev - er - more. _ A - men. Al - le - lu - ia!

Antiphon 1



7. The Lórd's rev - e - la - tion * to my Mas - ter:
"Sit on my right hand."

The musical notation consists of three staves in G major. The first staff contains the melody for the first line of text. The second staff contains the melody for the second line of text. The third staff contains a four-measure instrumental introduction or accompaniment, with each measure starting with a repeat sign.

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Psalm 109

The Messiah, king, priest and judge

- ¹ The Lórd's revelátion to my Máster:
'Sít on my ríght:
your fóes I will pút beneath your féet.'
- ² The Lórd will wíeld from Zíon
your scépter of pówer:
rúle in the mídst of all your fóes.
- ³ A prínce from the dáy of your bírth
on the hólý móuntains;
from the wómb before the dáwn I begót you.
- ⁴ The Lórd has sworn an óath he will not chánge.
'You are a príest for éver,
a príest like Melchízedeck of óld.'

⁵ The Máster stánding at your ríght hand
Will shatter kíngs in the dáy of his wráth.

⁶ Hé, the Júdge of the nátions,
will héap high the bódies;
héads shall be shátted far and wíde.

⁷ He shall drínk from the stréam by the wáyside
and thérefore he shall líft up his héad.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

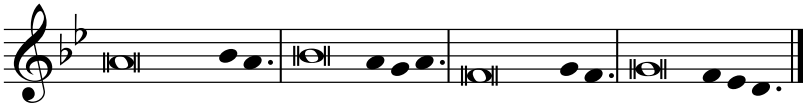
Antiphon 2



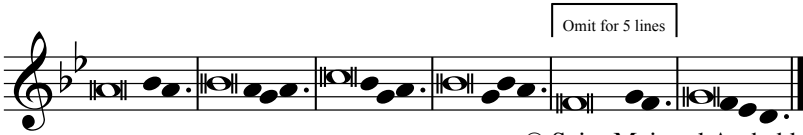
3. Our_ God____ * does what ev - er He wills_



in_ heav - en or_ on earth.



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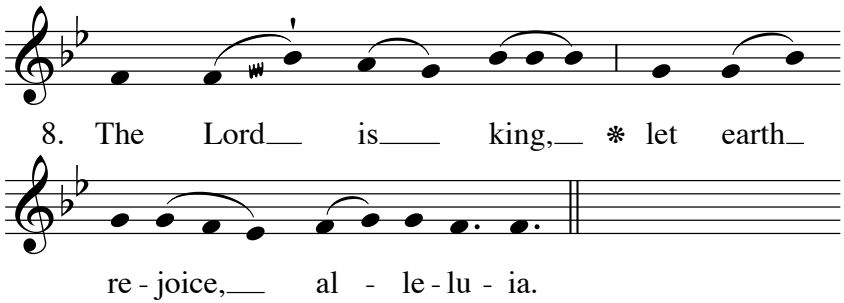
Psalm 113B

- ¹ Not to ús, Lórd, not to ús,
but to yóur náme give the glóry
for the sáke of your lóve and your trúth,
² lest the héathen say: ‘Whére is their Gód?’
- ³ But our Gód is ín the héavens;
he dóes whatéver he wílls.
- ⁴ Their ídols are sílver and góld,
the wórck of húman hánds.
- ⁵ They have móuths but they cánnót spéak;
they have éyes but they cánnót sée;
⁶ they have éars but they cánnót héar;
they have nóstrils but they cánnót sméll.
- ⁷ With their hánds they cánnót féel; [5]
with their féet they cánnót wálk.
[No sóund cómes from their thróats.]
- ⁸ Their mákers will cóme to be líke them
and so will áll who trúst in thém.

- ⁹ Sons of Ísrael, trúst in the Lórd;
hé is their hélp and their shíeld.
- ¹⁰ Sons of Áaron, trúst in the Lórd;
hé is their hélp and their shíeld.
- ¹¹ You who féar him, trúst in the Lórd; [5]
hé is their hélp and their shíeld.
- ¹² He remémbers us, and hé will bléss us;
he will bléss the sóns of Ísrael.
[He will bléss the sóns of Áaron.]
- ¹³ The Lord will bléss thóse who féar him,
the líttle no léss than the gréat:
- ¹⁴ to yóu may the Lórd grant íncrease,
to yóu and áll your children.
- ¹⁵ May yóu be bléssed by the Lórd,
the máker of héaven and éarth.
- ¹⁶ The héavens belóng to the Lórd
but the éarth he has gíven to mén.
- ¹⁷ The déad shall not práise the Lórd,
nor thóse who go dówn into the sílence.
- ¹⁸ But wé who líve bless the Lórd
nów and for éver. Amén.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3



8. The Lord is king, * let earth
re-joice, alleluia.

Canticle from the Book of Revelation

Rev 19:1, 2, 5-8

Salvation and glory and power
belong to our God, alleluia!
His judgments are true and just.



R. Al-le-lu - ia, alle-lu - ia, al - le-lu-ia!

Praise our God,
all you his servants, alleluia!
Those holding him in fear,
small and great. R.

The Lord our God,
the Almighty reigns, alleluia!
Let us rejoice and exult,
giving him the glory! R.

The marriage of the Lamb has come, alleluia!
And his bride has made her self ready. ℞

She has been given for her clothing, alleluia!
Fine linen, glist'ning and pure. ℞

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Canticle of the Blessed Virgin Mary

- ^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sáviór
- ⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.
⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.
- ⁵⁰ His mércy exténds through generátions,
tóward thóse who révère him.
⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.
- ⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.
⁵³ The fámished have been fílléd with his bóunty,
the rích have been sént away émpy.
- ⁵⁴ He has álwáys helped Ísraél, his sérvant,
trúe to his lóving kíndness,
⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fáther and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

Closing Verse



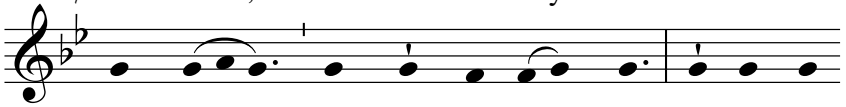
♩ Let us bless the Lord. — ℞ Thanks be to God..

First Vespers of Sunday
Week 3

Opening Verse



℣. O ☩ God, ___ come to my as - sis - tance.



℞. O Lord, _ make haste to help me. Glo-ry to



the Fa - ther and the Son ___ and the Ho - ly



Spir - it. As al - ways be - fore, ___ so now and

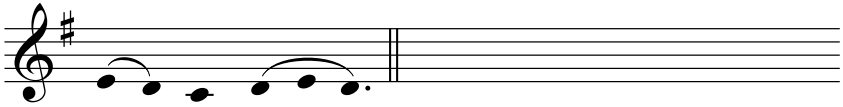


ev - er - more. _ A - men. Al - le - lu - ia!

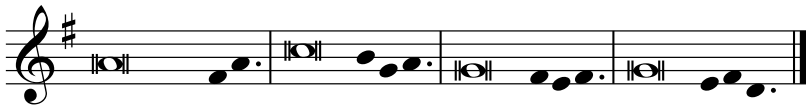
Antiphon 1



7. Your word * is a lamp for my steps a light



for my path.



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Psalm 118

Love of God's law: an alphabetical psalm

NUN

¹⁰⁵ Your wórd is a lámp for my stéps
and a líght for my páth.

¹⁰⁶ I have swórn and have máde up my mínd
to obéy your decrées.

¹⁰⁷ Lórd, I am déeplý afflícted:
by your wórd give me lífe.

¹⁰⁸ Accépt, Lord, the hómage of my líps
and téach me your decrées.

¹⁰⁹ Though I cárry my lífe in my hánds,
I reméber your lów.

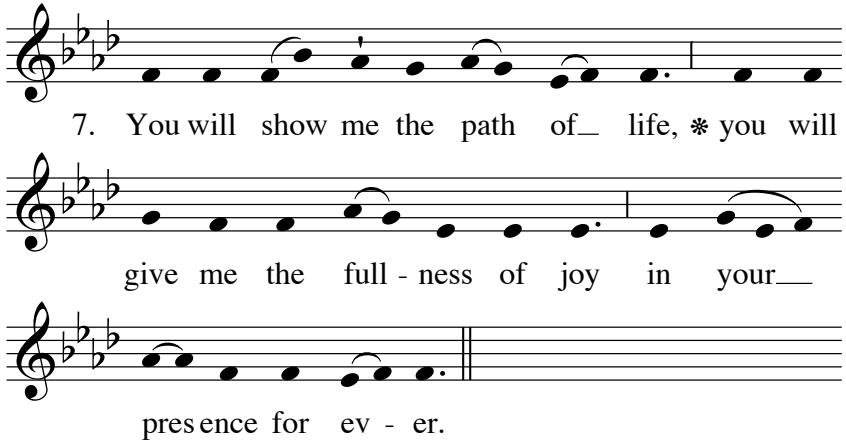
¹¹⁰ Though the wícked trý to ensnáre me
I do not stráy from your précepts.

¹¹¹ Your wíll is my héritage for éver,
the jóy of my héart.

¹¹² I sét myself to cárry out your státutes
in fúllness, for éver.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

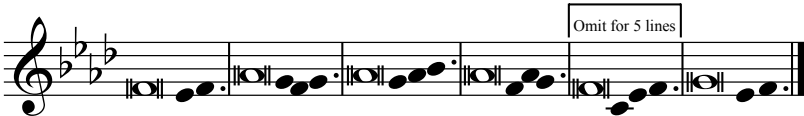
Antiphon 2



7. You will show me the path of life, * you will
 give me the full-ness of joy in your
 presence for ever.



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Psalm 15

True happiness: a psalm of confidence

- ¹ Presérve me, Gód, I take réfuge in yóu.
- ² I sáy to the Lórd: ‘Yóu are my Gód.
 My háppiness líes in yóu alóne.’

- ³ He has pút into my héart a márvellous lóve [5]
for the fáithful ónes who dwéll in his lánd.
- ⁴ Those who chóose other góds increáse their sórrors.
Néver will I óffer their ófferings of blóod.
Néver will I táke their náme upon my líps.
- ⁵ O Lórd, it is yóu who are my pórtion and cúp;
it is yóu yoursélf who áre my príze.
- ⁶ The lót marked óut for me is mý delíght:
welcome indéed the héritage that fálls to mé!
- ⁷ I will bléss the Lórd who gíves me cóunsel,
who éven at níght dirécts my héart.
- ⁸ I kéeep the Lórd ever ín my síght:
since hé is at my ríght hand, Í shall stand fírm.
- ⁹ And so my héart rejóices, my sóul is glád;
éven my bódy shall rést in sáfety.
- ¹⁰ For yóu will not léave my sóul among the déad,
nor lét your belóved knów decáy.
- ¹¹ You will shów me the páth of lífe,
the fúllness of jóy in your présence,
at your ríght hand háppiness for éver.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3

7. Christ___ died for our sins * and rose___
 that we_ might live.___

Canticle from the Letter to the Philippians

Phil 2:6-11

Though he was in the form of God,
 Jesus did not snatch at equality with God.

Refrain:

Lord___ Je - sus!

He emptied himself,
 taking the form of a servant,
 being born in the likeness of men. *℟ℵ*

And being found in human form,
 he humbled himself
 and became obedient unto death,
 even death on a cross. *℟ℵ*

Therefore God has highly exalted him
 and bestowed on him
 the name that is above every name. *℟ℵ*

That at the name of Jesus
 ev'ry knee should bow,
 in heaven and on earth
 and under the earth. R̄.

And ev'ry tongue confess
 that Jesus Christ is Lord,
 to the glory of God the Father.

Je - sus_ Christ is_ Lord,_ to the
 glo - ry of God_ the Fa-ther!

The image shows two staves of musical notation in G-clef and F# key signature. The first staff contains the melody for 'Je - sus_ Christ is_ Lord,_ to the'. The second staff continues with 'glo - ry of God_ the Fa-ther!' and ends with a double bar line. The lyrics are placed below the notes, with some words underlined to indicate phrasing.

Glory to the Father and the Son
 and the Holy Spirit,
 as always before,
 so now and evermore. Amen! Ω

Antiphon 3 is repeated.

Canticle of the Blessed Virgin Mary

^{46b} My ✠ s̄oul mágnifies the Lórd,
⁴⁷ and my sp̄irit rejóices in God, my s̄áviour

⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.

⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.

⁵⁰ His mércy exténds through generátions,
tóward thóse who revére him.

⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.

⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.

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the rích have been sént away émpy.

⁵⁴ He has álwáys helped Ísrael, his sérvant,
trúe to his lóving kíndness,

⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fátther and the Són
and the Hóly Spírit.

As álwáys befóre,
so nów and evermóre. Amén! Ω

Closing Verse

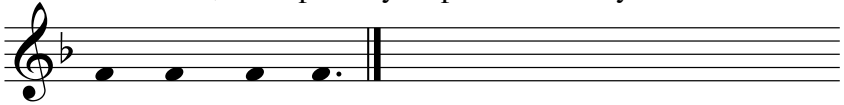


Lauds of Sunday
Week 3

Opening Verse



O Lord, o - pen my lips and my mouth shall



pro-claim your praise.

Antiphon 1

7. O gates lift_ high_ your heads * and let the
king_ of glo - ry en - ter in.____

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Psalm 23

The ruler of the universe enters his chosen dwelling place

- ¹ The Lórd's is the éarth and its fúllness,
the wórld and áll its péoples.
- ² It is hé, who sét it on the séas;
on the wáters he máde it fírm.
- ³ Who shall címb the móuntain of the Lórd? [5]
Who shall stánd in his hóly pláce?
- ⁴ The mán with clean hánds and pure héart,
who desíres not wórtless thínghs,
who has not swórn so as to decéive his néíghbor.

⁵ He shall receive blessings from the Lórd
and reward from the Gód who saves him.

⁶ Súch are the mén who séek him,
seek the fáce of the Gód of Jácob.

⁷ O gátes, lift hígh your héads;
grow hígher, áncient dóors.
Let him énter, the kíng of glóry!

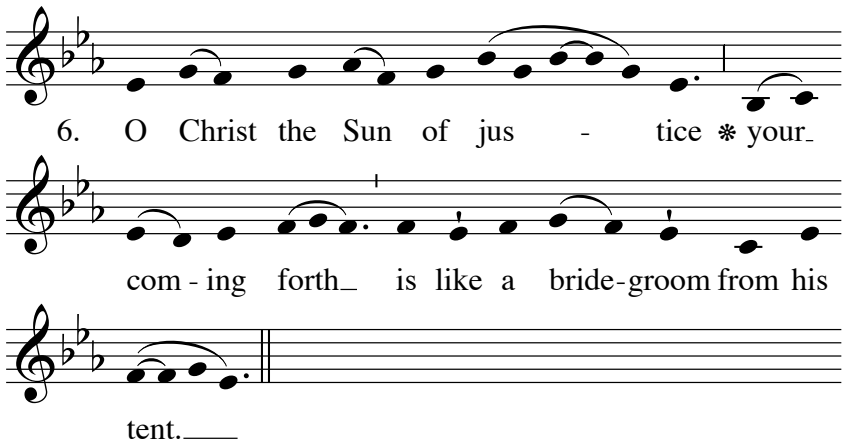
⁸ Whó is the kíng of glóry?
The Lórd, the míghty, the váliant,
the Lórd, the váliant in wár.

⁹ O gátes, lift hígh your héads;
grow hígher, áncient dóors.
Let him énter, the kíng of glóry!

¹⁰ Who is hé, the kíng of glóry?
Hé, the Lórd of ármies,
hé is the kíng of glóry.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2



6. O Christ the Sun of jus - tice * your
com - ing forth_ is like a bride-groom from his
tent.____



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Psalm 18A

Praise of god, creator and law-giver

- 2 The héavens procláim the glóry of Gód
and the fírmament shows fóρθ the wórk of his
hánds.
- 3 Dáy unto dáy tákes up the stóry
and níght unto níght makes knówn the méssage.
- 4 No spéech, no wórd, no vóice is héárd
- 5 yet their spán exténds through áll the éarth,
their wórd to the útmost bóunds of the wórd.

- Thére he has pláced a tént for the sún;
6 it comes fóρθ like a brídegroom cóming from his
 tént,
 rejóices like a chámption to rún its cóurse.
- 7 At the énd of the ský is the rísing of the sún;
to the fúrthest énd of the ský is its cóurse.
There is nóthing conceáled from its búrning héat.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3

7. Let ev' - ry - thing * that lives and that
breathes give praise to the Lord!

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Psalm 150

Final summons to praise

Práise Gód in his hólly pláce,
práise him in his míghty héavens.

² Práise him for his pówersful déeds,
práise his surpássing gréatness.

³ O práise him with sóund of trúmpet,
práise him with lúte and hárp.

⁴ Práise him with tímbrél and dánce,
práise him with stríngs and pípes.

[All]s O práise him with resóunding cýmbals,
práise him with cláshing of cýmbals.

⁶ Let éverything that líves and that bréathes
give práise to the Lórd.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Canticle of Zachary

- ⁶⁸ Blést ✠ be the Lórd God of Ísrael,
for he has vísited and redéemed his péople,
⁶⁹ and has ráised for us a hórnn of salvátion
in the hóuse of Dávid, his sérvant
- ⁷⁰ As he prómised throughóut past áges,
in the wórds of his hólly próphets:
⁷¹ delíverance fróm our énnemies,
and from the contról of óur oppríssors.
- ⁷² He has shówn his kíndness to our fáthers,
remembering álwáys his hólly cóvenant.
⁷³ The óath sworn to Ábraham, our fáther,
hé has renéwed for ús,
- ⁷⁴ so that fréed from the clútches of our fóes,
we may sérve him wíthout féar,
⁷⁵ becoming hólly and júst in his síght
the rést of our dáys.
- ⁷⁶ And you, chíld called ‘próphet of the Most Hígh,’
will gó before the Lórd to prepare his wáys,
⁷⁷ bringing his péople knówledge of salvátion,
through remíssion of their síns.

⁷⁸ For the lóve of our compássionate Gód,
as the Órient on hígh has shone upón us
⁷⁹ to illumine the dárkness and dispél the shadow of
déath,
to direct our stéps along péaceful wáys.

Glóry to the Fátther and the Són
and the Hóly Spírit.
As álways befóre,
so nów and evermóre. Amén! Ω

Closing Verse



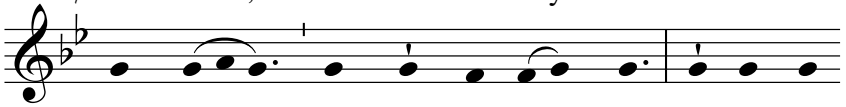
∩ Let us bless the Lord. — ∩ Thanks be to God..

Second Vespers of Sunday
Week 3

Opening Verse



℣. O ☩ God, ___ come to my as - sis - tance.



℟. O Lord, _ make haste to help me. Glo-ry to



the Fa - ther and the Son ___ and the Ho - ly



Spir - it. As al - ways be - fore, ___ so now and



ev - er - more. _ A - men. Al - le - lu - ia!

Antiphon 1

8. The Lord's rev-e-la - tion to__ my Mas-ter: *
 "Sit__ on my right: I will put your
 foes_____ be - neath your feet."_

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Psalm 109

The Messiah, king, priest and judge

- 2 The Lórd will wíeld from Zíon
 your scépter of pówer:
 rúle in the mídst of all your fóes.
- 3 A prínce from the dáy of your bírth
 on the hóly móuntains;
 from the wómb before the dáwn I begót you.
- 4 The Lórd has sworn an óath he will not chánge.
 'You are a príest for éver,
 a príest like Melchízedeck of óld.'

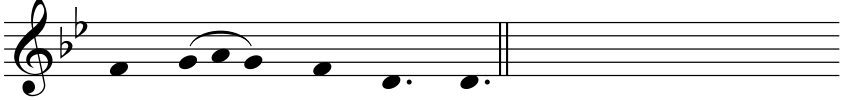
- ⁵ The Máster stánding at your ríght hand
Will shatter kíngs in the dáy of his wráth.
- ⁶ Hé, the Júdge of the nátions,
will héap high the bódies;
héads shall be shátted far and wíde.
- ⁷ He shall drínk from the stréam by the wáyside
and thérefore he shall líft up his héad.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

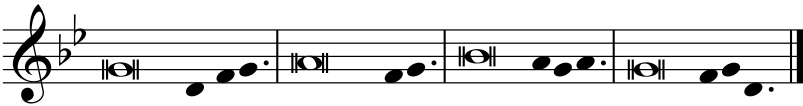
Antiphon 2



4. Great are the works of the Lord, * to be pon-dered



by all who love them.



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Psalm 110

The great works of God: an alphabetical psalm

I will thánk the Lórd with all my héart
in the méeting of the júst and their assémbly.

² Gréat are the wórks of the Lórd;
to be póndered by áll who lóve them.

³ Majéstic and glórious his wórk,
his jústice stands fírm for éver.

⁴ He mákes us remémber his wónders.
The Lórd is compásson and lóve.

⁵ He gives fóod to thóse who féar him;
keeps his cóvenant éver in mínd.

⁶ He has shówn his míght to his péople
by gíving them the lánds of the nátions.

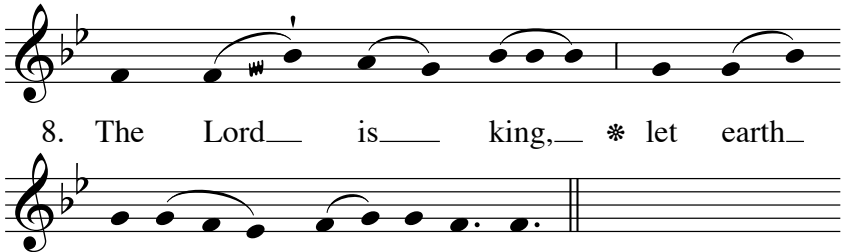
⁷ His wórks are jústice and trúth:
his précepts are áll of them súde,
⁸ standing fírm for éver and éver:
they are máde in úprightness and trúth.

⁹ He has sént delíverance to his péople
and estáblished his cóvenant for éver.
Hóly his náme, to be féared.

¹⁰ To fear the Lórd is the fírst stage of wísdóm;
all who dó so próve themselves wíse.
His práise shall lást for éver!

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3



8. The Lord is king, * let earth
re-joice, al - le - lu - ia.

Canticle from the Book of Revelation

Rev 19:1, 2, 5-8

Salvation and glory and power
belong to our God, alleluia!
His judgments are true and just.



℞. Al-le-lu - ia, al - le-lu - ia, al - le-lu-ia!

Praise our God,
all you his servants, alleluia!
Those holding him in fear,
small and great. ℞.

The Lord our God,
the Almighty reigns, alleluia!
Let us rejoice and exult,
giving him the glory! ℞.

The marriage of the Lamb has come, alleluia!
And his bride has made her self ready. ℞

She has been given for her clothing, alleluia!
Fine linen, glist'ning and pure. ℞

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Canticle of the Blessed Virgin Mary

- ^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sáviour
- ⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.
- ⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.
- ⁵⁰ His mércy exténds through generátions,
tóward thóse who revére him.
- ⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.
- ⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.
- ⁵³ The fámished have been fílléd with his bóunty,
the rích have been sént away émpy.

⁵⁴ He has álwáys helped Ísraél, his sérvant,
trúe to his lóving kíndness,
⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fátther and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

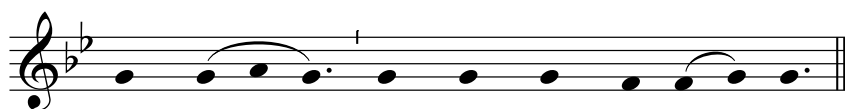
Closing Verse



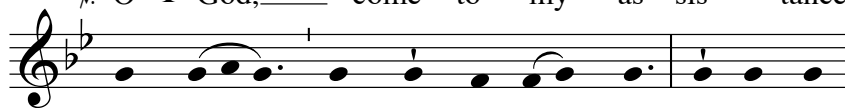
Ÿ. Let us bless the Lord. — R̄. Thanks be to God..

First Vespers of Sunday
Week 4

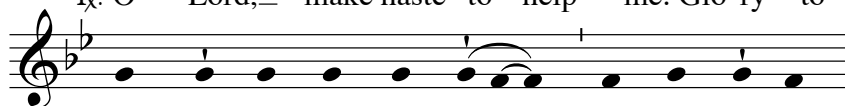
Opening Verse



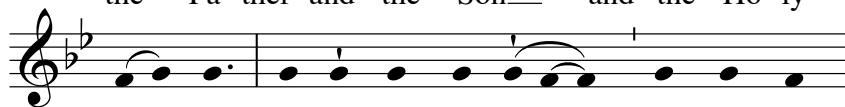
Ps. O God, come to my as - sis - tance.



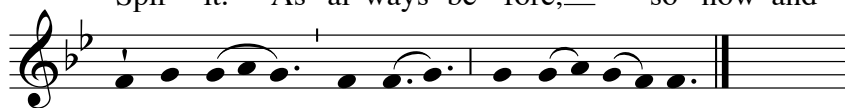
R. O Lord, make haste to help me. Glo-ry to



the Fa - ther and the Son and the Ho - ly



Spir - it. As al - ways be - fore, so now and



ev - er - more. A - men. Al - le - lu - ia!

Antiphon 1

7. My vows to the Lord * I will ful-fill_____ in
 the pres-ence of all_ his peo - ple

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Psalm 115

Promise in gratitude to God

- ¹⁰ I trústed, éven when I sáid:
 ‘I am sórely afflicted,’
¹¹ and whén I sáid in my alárm:
 ‘No mán can be trústed.’
- ¹² How cán I repáy the Lórd
 for his góodness to mé?
¹³ The cúp of salvátion I will ráise;
 I will cáll on the Lórd’s name.
- ¹⁴ My vóws to the Lórd I will fulfil
 befóre all his péople.
¹⁵ O précious in the éyes of the Lórd
 is the déath of his fáithful.

¹⁶ Your sérvant, Lord, your sérvant am Í;
you have lóosened my bónds.

¹⁷ A thánksgiving sácrafice I máke:
I will cáll on the Lórd's name.

¹⁸ My vóws to the Lórd I will fulfil
befóre all his péople,

¹⁹ in the cóurts of the hóuse of the Lórd,
in your mídst, O Jerúsalem.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

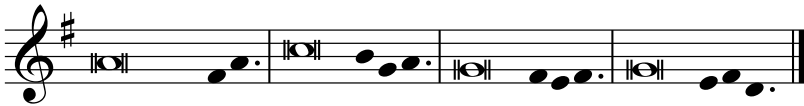
Antiphon 2



7. May the name of the Lord be blessed, * both now



and for ev - er - more.



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Psalm 112

To the God of glory and compassion: a psalm of worship

Práise, O sérvants of the Lórd, [6]
práise the náme of the Lórd!

² May the náme of the Lórd be bléssed
both nów and for évermóre!

³ From the rísing of the sún to its sétting
práised be the náme of the Lórd!

⁴ Hígh above all nátions is the Lórd, [6]
abóve the héavens his glóry.

⁵ Whó is like the Lórd, our Gód,
who has rísen on hígh to his thróne
⁶ yet stóops from the héights to look dówn,
to look dówn upon héaven and éarth?

⁷ From the dúst he lífts up the lówly, [6]
from the dúngheap he ráises the póor
⁸ to sét him in the cómpany of prínces,
yés, with the prínces of his péople.

⁹ To the chíldless wífe he gives a hóme
and gláddens her héart with chíldren.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3

7. Christ___ died for our sins * and rose___
 that we_ might live.___

Canticle from the Letter to the Philippians

Phil 2:6-11

Though he was in the form of God,
 Jesus did not snatch at equality with God.

Refrain:

Lord___ Je - sus!

He emptied himself,
 taking the form of a servant,
 being born in the likeness of men. ℞

And being found in human form,
 he humbled himself
 and became obedient unto death,
 even death on a cross. ℞

Therefore God has highly exalted him
and bestowed on him
the name that is above every name. $\text{R}\ddot{\text{v}}$.

That at the name of Jesus
ev'ry knee should bow,
in heaven and on earth
and under the earth. $\text{R}\ddot{\text{v}}$.

And ev'ry tongue confess
that Jesus Christ is Lord,
to the glory of God the Father.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff contains the melody for the words "Je - sus_ Christ is_ Lord,_ to the". The second staff continues the melody for "glo - ry of God_ the Fa- ther!". The music consists of quarter and eighth notes, with some phrases connected by slurs. The piece ends with a double bar line.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3 is repeated.

Canticle of the Blessed Virgin Mary

- ^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sáviour
- ⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.
- ⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.
- ⁵⁰ His mércy exténds through generátions,
tóward thóse who revére him.
- ⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.
- ⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.
- ⁵³ The fámished have been fílléd with his bóunty,
the rích have been sént away émpy.
- ⁵⁴ He has álways helped Ísrael, his sérvant,
trúe to his lóving kíndness,
- ⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fáther and the Són
and the Hóly Spírit.
As álways befóre,
so nów and evermóre. Amén! Ω

Closing Verse

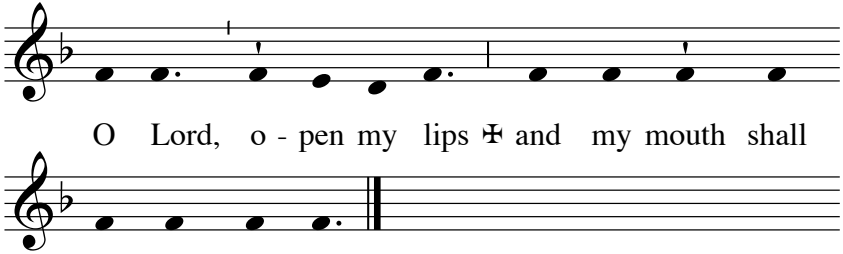


Let us bless the Lord. — R. Thanks be to God..

The musical notation is on a single staff in G major (one sharp) and 4/4 time. It consists of two phrases. The first phrase is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter). The second phrase is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter). The piece ends with a double bar line.

Lauds of Sunday
Week 4

Opening Verse



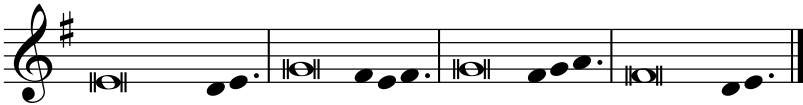
O Lord, o - pen my lips and my mouth shall
pro-claim your praise.

The musical notation is on two staves in G major (one sharp) and 4/4 time. The first staff contains the melody for the first line of text: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter). The second staff contains the melody for the second line of text: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter). The piece ends with a double bar line.

Antiphon 1



2. Al - le - lu - ia, * al - le - lu - ia, al - le - lu - ia.



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Psalm 148

Cosmic praise

- Práise the Lórd from the héavens,
práise him in the héights.
- ² Práise him, all his ángels,
práise him, áll his hóst.
- ³ Práise him, sún and moon,
práise him, shining stárs.
- ⁴ Práise him, highest héavens
and the wáters abóve the héavens.
- ⁵ Let them práise the náme of the Lórd.
He commáded: they were máde.
- ⁶ He fíxed them for éver,
gave a lów which shall nót pass awáy.
- ⁷ Práise the Lórd from the éarth,
séa creatures and all óceans,
- ⁸ fire and háil, snow and míst,
stormy wínds that obéy his wórd;

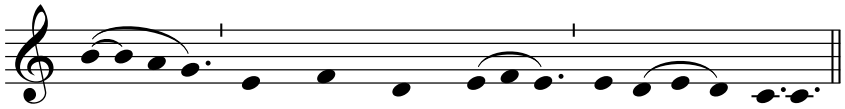
- ⁹ áll móuntains and hílls,
all frúit trees and cégars,
¹⁰ béasts, wild and táme,
réptiles and bírds on the wíng;
- ¹¹ áll éarth's kíngs and péoples,
éarth's prínces and rúlers;
¹² yóung men and máidens,
old men togéther with chíldren.
- ¹³ Let them práise the náme of the Lórd
for he alóne is exálted.
The spléndour of his náme
réaches beyond héaven and éarth.
- ¹⁴ He exálts the stréngth of his péople.
He is the práise of all his sáints,
of the sóns of Ísrael,
of the péople to whóm he comes clóse.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2



5. Let the faith-ful re-joyce in their Lord, * shout for



joy, and take their rest, al-le - lu ia.



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Psalm 149

Praise to the God of victories

Síng a new sǫng to the Lórd,
his práise in the assémbly of the fáithful.

[6]

² Let Ísraél rejóice in its Máker,
let Zíon's sons exúlt in their kíng.

³ Let them práise his náme with dáncing
and make músic with tímbrel and hárp.

- ⁴ For the Lórd takes delight in his péople. [6]
 He crówns the póor with salvátion.
- ⁵ Let the fáithful rejóice in their glóry,
 shout for jóy and táke their rést.
- ⁶ Let the práise of Gód be on their líps
 and a twó-edged swórd in their hánd,
- ⁷ to déal out véngeance to the nátions [6]
 and púnishment on áll the péoples;
- ⁸ to bínđ their kínġs in cháins
 and their nóbles in fétters of íron,
- ⁹ to cárry out the séntence pre-ordáined:
 this hónor is for áll his fáithful.

Glory to the Father and the Son
 and the Holy Spirit,
 as always before,
 so now and evermore. Amen! Ω

Antiphon 3

8. In the midst of the flames_ * the three_

chil - dren lift-ed up their hands and praised

the Lord of cre-a - tion. Al-le - lu-ia.

Canticle of the Three Children

Dan 3:56-88

57 All things the Lord has made:
 glorify and praise him forever:
 58 angels of the Lord:
 59 all in the heavens:

℞. Glo - ri - fy__ the Lord._____

60 Waters above the heavens:
 61 powers of the Lord;
 62 sun and moon:
 63 stars of heaven: ℞.

⁶⁴ Showers and dews:

⁶⁵ all the four winds:

⁶⁶ fire and heat:

⁶⁹ frost and cold: R̄.

⁷⁰ Ice and snow:

⁷¹ nights and days:

⁷² light and darkness:

⁷³ lightning and clouds: R̄.

⁷⁴ Let the earth bless the Lord:
glorify and praise him forever:

⁷⁵ mountains and hills:

⁷⁶ all that grows on the earth: R̄.

⁷⁷ Springs of water:

⁷⁹ seas and rivers:

⁷⁹ sea beasts and all that live in the waters:

⁸⁰ birds of heaven: R̄.

⁸¹ Beasts wild and tame:

⁸² sons of men:

⁸³ O people of Israel:

glorify and praise him forever: R̄.

⁸⁴ All priests of the Lord:

⁸⁵ servants of the Lord:

⁸⁶ spirits and souls of the virtuous:

⁸⁷ devout and humble-hearted men:

⁸⁸ Ananiah, Azariah, Mishael, children of the Lord:
glorify and praise him forever: R̄.

Doxology:

Let us bless the Father and Son with the Holy Spirit:
let us glorify and praise him forever:

⁵⁶ Blessed are you, O Lord, in the vault of heaven:
most highly exalted and glorified forever. Ω

Antiphon 3 is repeated.

Canticle of Zachary

⁶⁸ Blést ✠ be the Lórd God of Ísrael,
for he has vísited and redéemed his péople,
⁶⁹ and has ráised for us a hórnn of salvátion
in the hóuse of Dávid, his sérvant

⁷⁰ As he prómised throug hóut past áges,
in the wórds of his hóly próphets:
⁷¹ delíverance fróm our énnemies,
and from the contról of óur oppréssors.

⁷² He has shówn his kíndness to our fáthers,
remembering álways his hóly cóvenant.

⁷³ The óath sworn to Ábraham, our fáther,
hé has renéwed for ús,

⁷⁴ so that fréed from the clúches of our fóes,
we may sérve him wíthout féar,

⁷⁵ becoming hóly and júst in his síght
the rést of our dáys.

⁷⁶ And you, chíld called ‘próphet of the Most Hígh,’
will gó before the Lórd to prépare his wáys,

⁷⁷ bringing his péople knówledge of salvátion,
through remíssion of their síns.

⁷⁸ For the love of our compássionate Gód,
 as the Órient on hígh has shone upón us
⁷⁹ to illumine the dárkness and dispél the shadow of
 déath,
 to direct our stéps along péaceful wáys.

Glóry to the Fátther and the Són
 and the Hóly Spírit.
 As álways befóre,
 so nów and evermóre. Amén! Ω

Closing Verse



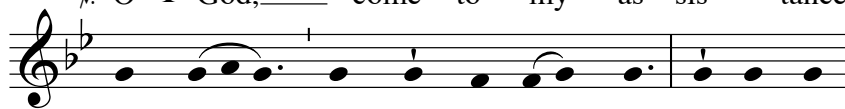
∩. Let us bless the Lord. — ∩. Thanks be to God..

Second Vespers of Sunday
Week 4

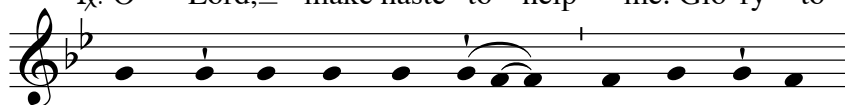
Opening Verse



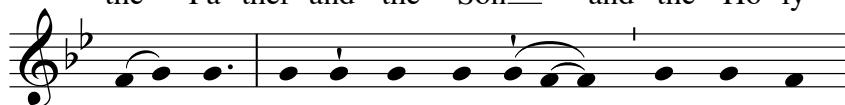
℣. O ☩ God, ___ come to my as - sis - tance.



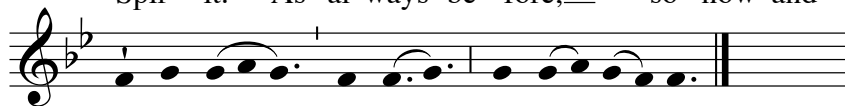
℞. O Lord, _ make haste to help me. Glo-ry to



the Fa - ther and the Son ___ and the Ho - ly



Spir - it. As al - ways be - fore, ___ so now and



ev - er - more. _ A - men. Al - le - lu - ia!

Antiphon 1



7. The Lórd's rev - e - la - tion * to my Mas - ter:
"Sit on my right hand."

The musical notation consists of three staves in G major (one sharp). The first staff contains the melody for the first line of text. The second staff contains the melody for the second line of text. The third staff contains a decorative flourish consisting of a series of eighth and sixteenth notes.

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Psalm 109

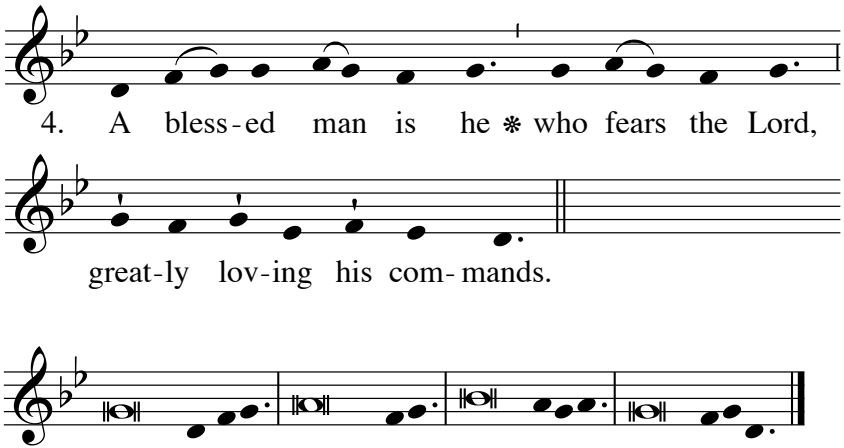
The Messiah, king, priest and judge

- ¹ The Lórd's revelátion to my Máster:
'Sít on my ríght:
your fóes I will pút beneath your féet.'
- ² The Lórd will wíeld from Zíon
your scépter of pówer:
rúle in the mídst of all your fóes.
- ³ A prínce from the dáy of your bírth
on the hólý móuntains;
from the wómb before the dáwn I begót you.
- ⁴ The Lórd has sworn an óath he will not chánge.
'You are a príest for éver,
a príest like Melchízedeck of óld.'

- ⁵ The Máster stánding at your ríght hand
Will shatter kíngs in the dáy of his wráth.
- ⁶ Hé, the Júdge of the nátions,
will héap high the bódies;
héads shall be shátted far and wíde.
- ⁷ He shall drínk from the stréam by the wáyside
and thérefore he shall líft up his héad.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 2



4. A bless-ed man is he * who fears the Lord,
great-ly lov-ing his com-mands.

The musical notation consists of three staves in G minor. The first staff contains the melody for the first line of text. The second staff contains the melody for the second line of text. The third staff contains a decorative flourish consisting of four measures, each starting with a double bar line and a fermata, followed by a melodic phrase.

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Psalm 111

The generous and upright man: an alphabetical psalm

- Happy the mán who féars the Lórd,
who tákes delíght in all his commánds.
- ² His sóns will be pówerful on éarth;
the chýldren of the úpright are bléssed.
- ³ Ríches and wéalth are in his hóuse;
his jústice stands fírm for éver.
- ⁴ He is a líght in the dárkness for the úpright:
he is génerous, mérciful and júst.
- ⁵ The góod man takes píty and lénds,
he condúcts his affáirs with hónor.
- ⁶ The júst man will néver wáver:
hé will be remébered for éver.

⁷ He has no féar of évil néws;
with a fírm heart he trústs in the Lórd.

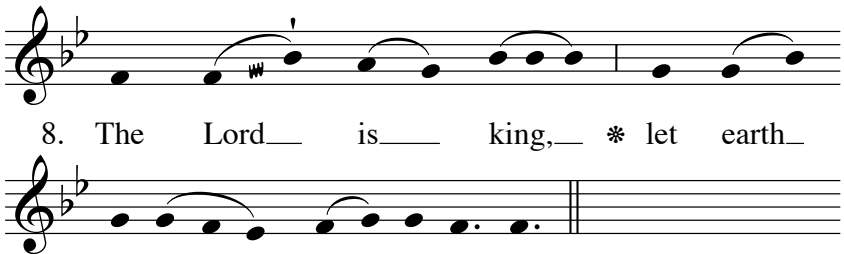
⁸ With a stéadfast héart he will not féar;
he will sée the dównfall of his fóes.

⁹ Open-hánded, he gíves to the póor;
his jústice stands fírm for éver.
His héad will be ráised in glóry.

¹⁰ The wícked man sées and is ángry,
grinds his téeth and fádes awáy;
the desíre of the wícked leads to dóom.

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Antiphon 3



8. The Lord is king, * let earth re-joice, al - le - lu - ia.

Canticle from the Book of Revelation

Rev 19:1, 2, 5-8

Salvation and glory and power
belong to our God, alleluia!
His judgments are true and just.



℞. Al-le-lu - ia, al - le-lu - ia, al - le-lu-ia!

Praise our God,
all you his servants, alleluia!
Those holding him in fear,
small and great. ℞.

The Lord our God,
the Almighty reigns, alleluia!
Let us rejoice and exult,
giving him the glory! ℞.

The marriage of the Lamb has come, alleluia!
And his bride has made her self ready. ℞

She has been given for her clothing, alleluia!
Fine linen, glist'ning and pure. ℞

Glory to the Father and the Son
and the Holy Spirit,
as always before,
so now and evermore. Amen! Ω

Canticle of the Blessed Virgin Mary

- ^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sávior
- ⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.
⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.
- ⁵⁰ His mércy exténds through generátions,
tóward thóse who revére him.
⁵¹ He has revéaled his árm in pówer,
scattering the próud in their ówn concéit.
- ⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.
⁵³ The fámished have been fílléd with his bóunty,
the rích have been sént away émpy.
- ⁵⁴ He has álwáys helped Ísrael, his sérvant,
trúe to his lóving kíndness,
⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fátther and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

Closing Verse



♩ Let us bless the Lord. — R. Thanks be to God..

The image shows a single line of musical notation on a five-line staff. The key signature has one flat (B-flat), and the time signature is common time (C). The melody consists of two phrases. The first phrase starts with a quarter note G4, followed by a quarter note A4, a quarter note B4, and a quarter note C5. The second phrase starts with a quarter note B4, followed by a quarter note A4, a quarter note G4, and a quarter note F4. The piece ends with a double bar line.



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