

THEOLOGICAL REFLECTION *for Ministers*

POST-EVENT GROUP REFLECTION

1. Opening prayer (5 minutes)

Begin your time of reflection with prayer. Invite the Holy Spirit to be present and ask for His guidance as you reflect and share. Incorporate Scripture, traditional and extemporaneous prayers, and intercessory prayer as fits the group.

2. Silent Reflection / Journaling (5-10 minutes)

Invite participants to reflect on their ministry experience with a period of silence and journaling.

Ask the following reflective questions, and feel free to add some of your own.

- What moment from the event stands out to you?
- How were you feeling before, during, and after?
- What felt important or unimportant?
- In your interactions – What were you proud of? What do you wish you had done differently?
- Where did you experience the Lord?
- What did you learn about yourself? God? Others?

3. Sharing (~5 minutes per person, depending on group size)

Invite each person to share a ministry moment that emerged from their reflection time. If they are willing, encourage them to share (1) what happened, (2) how they were feeling, (3) where the Lord was present, (4) what they learned, and (5) how they have changed because of this experience. Remember, it's not about trying to be perfect or impress the group. Rather, it's about seeing our experiences through the eyes of faith, sharing honestly, and allowing ourselves to be changed by our ministry.

4. Responding (5-10 minutes)

Invite the group to respond to each other. This time is for feedback and affirmation of what others have shared. You may have already done this in the above step.

5. Closing Prayer (5 minutes)

Close your time in prayer, thanking the Lord for His goodness and invitation to participate in His work.